



There are routes that you walk... and routes that you feel.

This one begins in Nantes, where the murmur of water accompanies your first steps along a small tributary of the A Chanca River. Little by little, the surroundings invite you to let yourself go.

The path leads us to A Romaiña Rock (Con da Romaiña), a place where the stone holds ancient secrets. Here, legends about the mouras (mythological women often guardians of a treasure in the Galician folklore) seem to be whispered among the rocks, awakening the imagination of those who stop to listen (you can discover them on-site at an information table). It is also a good place to take a break in a pleasant rest area, perfect for enjoying the surroundings.

The path continues, and almost without noticing, the De la Maza Manor House of Nantes appears, a silent witness to another era. An example of traditional Galician heritage, still used as a farmhouse.

From here, the route winds through vineyards, fields, and small farms, revealing the most authentic essence of the Galician landscape.

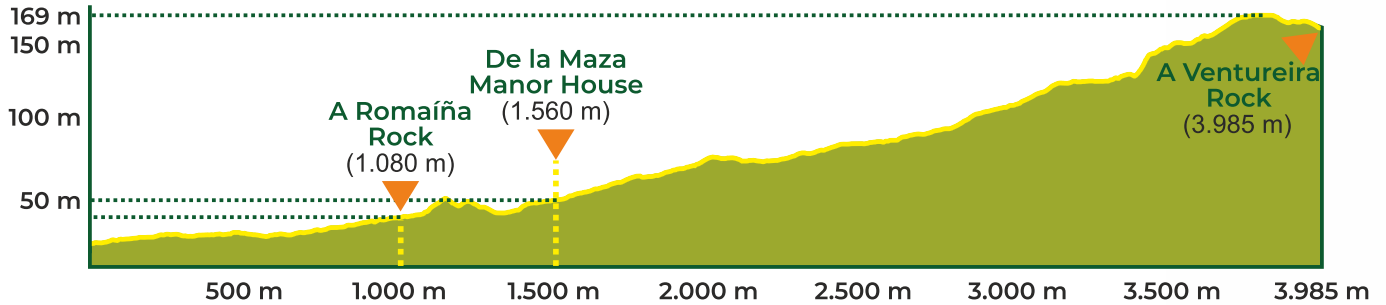
As the trail progresses, it becomes more intimate and wild. Light filters through eucalyptus, pine and chestnut trees as we enter the parish of Padriñán, where the forest envelops every step.

And finally, as expected, A Ventureira Rock (Con da Ventureira), a granite formation that once guided navigators and fishermen in the Pontevedra estuary. Here, too, dwell stories and echoes of ancient legends that invite us to look beyond.

It is not just a route, but a sensory experience that will enable you to stroll along, take in the sounds and immerse yourself in these magical surroundings.



## TERRAIN PROFILE



## ROUTE INFORMATION

	<b>ROUTE</b> Linear		<b>LENGTH</b> 3.985 m
	<b>DURATION</b> 1h 20 m		<b>DIFFICULTY</b> Easy
	<b>MAXIMUM ELEVATION</b> 169 m		<b>MINIMUM ELEVATION</b> 19 m

## TRAIL SIGNAGE

	Route
	Continuity

## INFORMATION TELEPHONES

### CONCELLO DE SANXENXO

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### TURISMO DE SANXENXO

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EMERXENCIAS  
GALICIA



## CODE OF CONDUCT



Making fires absolutely forbidden.



Respect the animals and plants, however insignificant they may seem.



It is better to take notes and photos than specimens.



Shared Path with Pedestrian Priority.



Do not litter the ground.



Walk you dog on a lead and do not forget to collect its excrements.



**ADEAC**

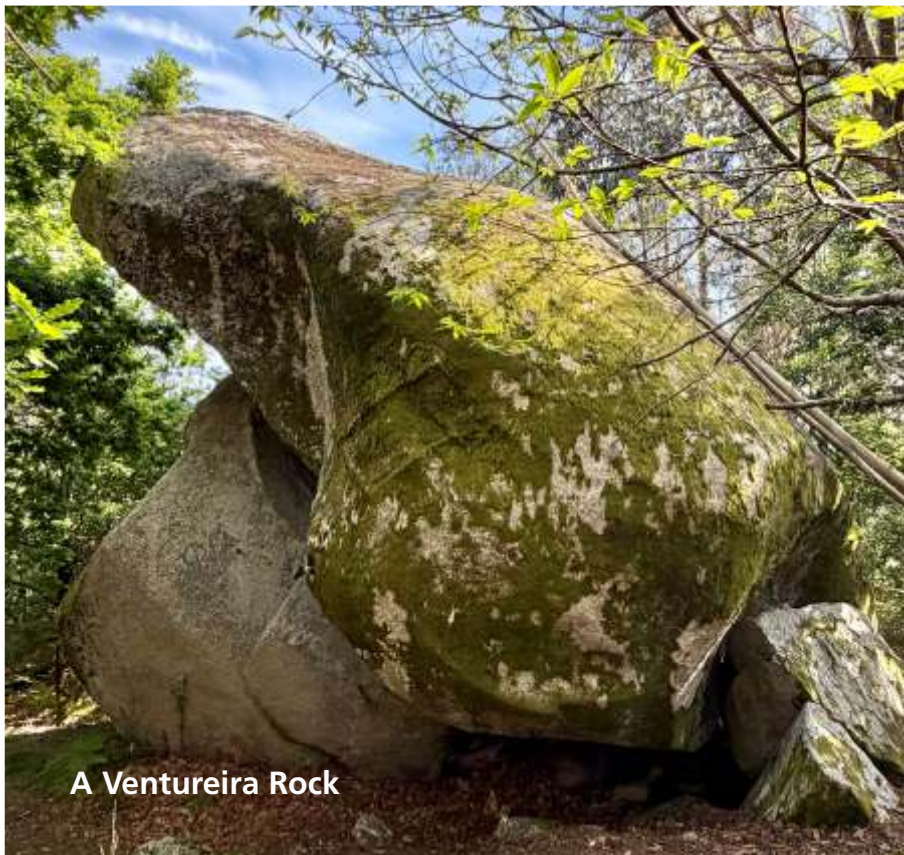
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A Romaiña Rock



De la Maza Manor House



A Ventureira Rock